## Breakfast Menu

## **Buffet Selection**

- Our buffet selection provides a choice of cereals, croissants, pastries, yoghurts, and fresh fruit.
- Oat milk based fruit smoothies (vegan friendly) are also available.

## Cooked Breakfast

- Traditional English Breakfast: locally sourced sausage, unsmoked bacon, and black pudding served with baked beans, tomato, mushrooms, and a choice of local free-range fried, scrambled, or poached eggs.
- Vegetarian option: Meat free sausage, served with baked beans, tomato, mushrooms, and a choice of local free-range fried, scrambled, or poached eggs.
- Vegan option: Meat free sausage, served with baked beans, tomato, mushrooms, served with avocado, and tofu scramble.
- Beans, mushrooms, or eggs on toast for a lighter option
- Eggs Benedict: two eggs with bacon on a muffin with hollandaise sauce

There is always plenty of toast available (white or brown) with a selection of preserves, marmalade, and honey.

## Drinks

Choose from tea, coffee, or hot chocolate (please ask for decaffeinated options).
Fruit juices are available from the buffet selection.